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Quantification of Local Hemodynamic Alterations Caused by Virtual Implantation of Three Commercially Available Stents for the Treatment of Aortic Coarctation

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Abstract Patients with coarctation of the aorta (CoA) are prone to morbidity including atherosclerotic plaque that has been shown to correlate with altered wall shear stress (WSS) in the descending thoracic aorta (dAo). We created the first patient-specific computational fluid dynamics (CFD) model of a CoA patient treated by Palmaz stenting to date, and compared resulting WSS distributions to those from virtual implantation of Genesis XD and modified NuMED CP stents, also commonly used for CoA. CFD

models were created from magnetic resonance imaging, fluoroscopy and blood pressure data. Simulations incorporated vessel deformation, downstream vascular resistance and compliance to match measured data and generate blood flow velocity and time-averaged WSS (TAWSS) results. TAWSS was quantified longitudinally and circumferentially in the stented region and dAo. While modest differences were seen in the distal portion of the stented region, marked differences were observed downstream along the posterior dAo and depended on stent type. The Genesis XD model had the least area of TAWSS values exceeding the threshold for platelet aggregation in vitro, followed by the Palmaz and NuMED CP stents. Alterations in local blood flow patterns and WSS imparted on the dAo appear to depend on the type of stent implanted for CoA. Following confirmation in larger studies, these findings may aid pediatric interventional cardiologists in selecting the most appropriate stent for each patient, and ultimately reduce long-term morbidity following treatment for CoA by stenting.

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Introduction

Coarctation of the aorta (CoA) is characterized by a stenosis of the proximal descending thoracic aorta (dAo) and is one of the most common congenital heart defects (8–11 %) affecting 5,000–8,000 births annually in the US [5, 13]. While surgical therapy has long been the mainstay of treatment, the less invasive nature, shorter hospitalization, reduced pain and decreased cost of catheter-based

therapies has led to them playing an increasing role [30]. In particular, stents have become a popular choice for their ability to cause less trauma and resist recoarctation more effectively relative to balloon angioplasty.

Since the first clinical use of stents for CoA in 1991, numerous reports have shown their ability to successfully reduce the pressure gradient across a coarctation and generally restore the aorta to normal caliber [11, 21, 27, 28]. Although stents with various designs may satisfy these criteria for success, the geometry of stents used in other vascular beds is known to influence local flow disturbances [17, 24, 34], including indices of wall shear stress (WSS), defined as the tangential force per unit area exerted on a blood vessel wall as a result of flowing blood). Interestingly, in a study of ten middle-aged adults with pre-existing plaques, areas of low time-averaged WSS (TAWSS) were found in a rotating pattern progressing down the dAo and correlated with areas of atherosclerosis [35]. Other studies have indicated excessively high WSS can also be deleterious by initiating platelet aggregation [12]. Thus, geometric intricacies of the particular stent used to treat CoA may uniquely influence the likelihood and severity of future dAo pathology. Stent-induced local flow alterations may also be accentuated in cases of residual narrowing where even a modest reduction in diameter within the coarctation region can accelerate blood through the stent and further contribute to deleterious downstream flow alterations. No studies to date have characterized local WSS after stenting for CoA.

Computational fluid dynamics (CFD) enables detailed spatiotemporal quantification of hemodynamic indices, including WSS based on magnetic resonance imaging (MRI) and blood pressure (BP) data. CFD also facilitates virtual treatment of CoA for comparison of hemodynamic alterations between stents in the same vessel [10]. The objective of the current investigation was to create the first patient-specific CFD model of a patient treated for CoA by stenting, and compare distributions of WSS to those resulting from virtual implantation of two other stents commonly used to treat CoA.

Materials and Methods

A CFD model of the vasculature was created by converting medical imaging data into a geometrically representative computer model [36]. MRI was performed for a 15-year-old patient previously treated for CoA by Palmaz stent placement (Cordis Corp., Miami Lakes, FL, USA) as part of a clinically ordered imaging session and after International Review Board approval facilitating use of the data for computational modeling. Gadolinium-enhanced magnetic resonance angiography (MRA) and phase-contrast

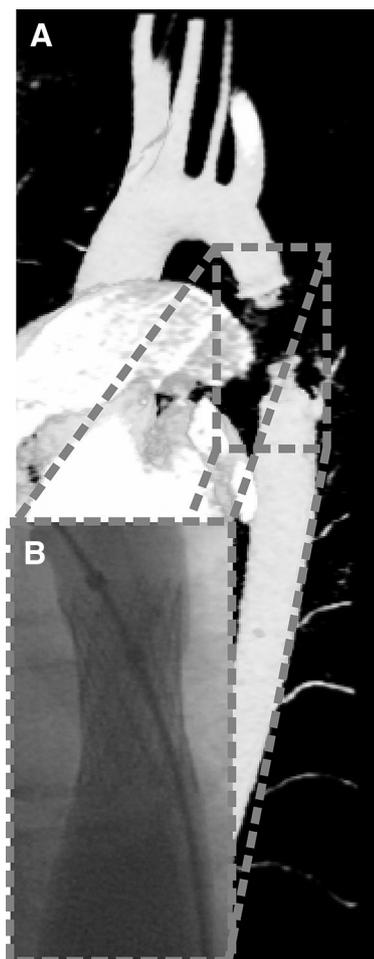


Fig. 1 Rendering of MRI data (a) and an angiographic image of the same patient obtained by fluoroscopy (b). CFD models were constructed using the MRI data, with diameters of the stented region extracted from the fluoroscopy data to account for signal dropout created by artifacts due to the implanted Palmaz stent. *MRI* magnetic resonance imaging, *CFD* computational fluid dynamics

MRI were conducted to delineate vascular morphology [20, 36] and calculate time-resolved volumetric blood flow [19], respectively. Upper extremity supine systolic, mean, and diastolic BP values of 113, 85, and 64 mmHg, respectively, were measured using an automated sphygmometer cuff.

MRA data was processed for gradient non-linearities [2] before CFD models were constructed using the SimVascular software package (<https://simtk.org>) [36]. Magnetic field inhomogeneities from the stent caused signal dropout in the volumetric MRA data (Fig. 1a). Fluoroscopic angiography data from the same time period (Fig. 1b) was therefore used to extract the dimensions and positioning of the stent within the coarctation region (e.g. average diameter in the stented region \approx 12 mm). Geometric characteristics (Table 1) of the implanted and two additional stents, a modified NuMED Cheatham Platinum (Hopkinton, NY, USA) with rectangular, as compared to

Table 1 Design attributes of stents virtually implanted for coarctation of the aorta

	Palmaz	NuMED CP	Genesis XD
Thickness (mm)	0.312	0.254	0.173
Strut width (mm)	0.338	0.3	0.205 (macro) 0.123 (micro)
Number of circumferential repeating units	14	8	11
Number of longitudinal repeating units	7	6	5
Stent/vessel contact area (mm ²)	243	128	106

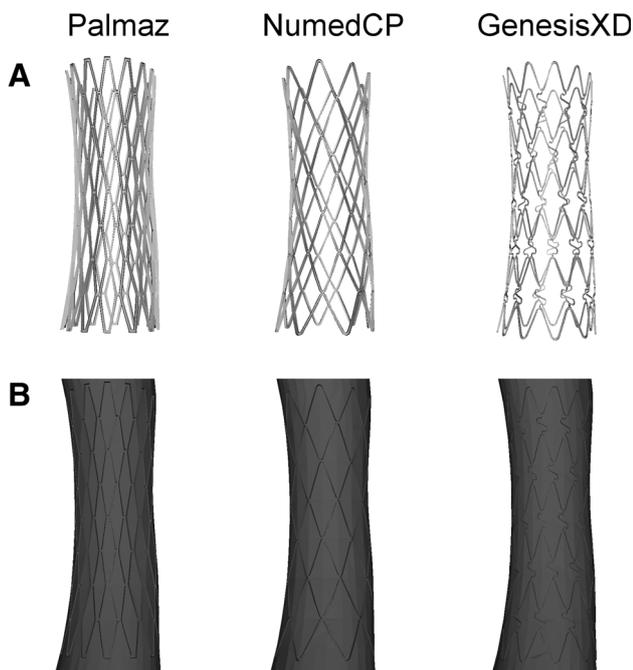


Fig. 2 Palmaz (left), NuMED CP (middle) and Genesis XD (right) stents created using computer-aided design software (a). These stents were then subtracted from copies of the same patient-specific computational model to produce the flow domain associated with each stent (b)

circular, struts and a Genesis XD (Cordis Corp.), were obtained from the literature [4, 7]. These stents were created using computer-aided design software (Solidworks Corp., Concord, MA, USA). Each was then virtually implanted into a separate, but otherwise equivalent, CFD model of the patient's thoracic aorta before stenting (Fig. 2) using the methods described by Gundert et al. [10]. It was assumed that no portion of the stent's thickness was embedded in the aortic wall immediately after implantation since data was not available on the potentially differing amounts of strut thickness recessed into the aortic wall for each stent. Models were discretized using a commercially

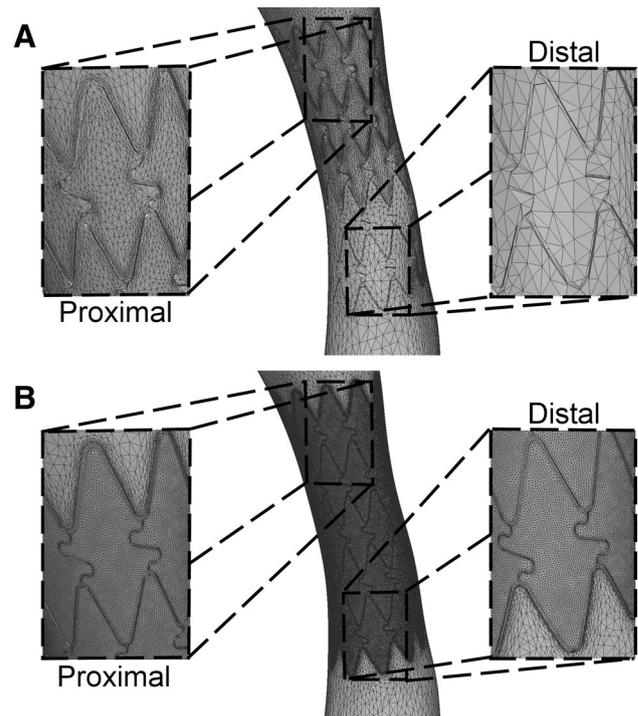


Fig. 3 Example illustrating the meshing approach for the stented region. An adaptive meshing process created elements of appropriate size in proximal intrastrut regions (a), but regions of low velocity adjacent to stent struts and the distal portion of the stented region contained fewer and larger elements after the adaptive process. The minimum edge size of all elements within the proximal stented region after adapting was therefore determined and explicitly applied within the stented region to generate meshes containing ~8.3 million elements (b)

available, automatic mesh generation program (MeshSim, Simmetrix, Clifton Park, NY, USA). Meshes were refined using an adaptive method [23, 29] to automatically allocate elements based on the complexity of local flow patterns outside the stented region and reduce computational cost as compared to isotropic meshes. The size of elements near stent struts and the vessel wall were explicitly defined to adequately resolve flow features throughout the stent (Fig. 3, supporting information). Simulations incorporating aortic deformation [6, 19], downstream vascular resistance and compliance [31, 32] were performed using a novel stabilized finite element method to solve the conservation of mass (continuity), balance of fluid momentum (Navier-Stokes) and vessel wall elastodynamics equations [6] until flow rate and BP fields were periodic and matched measured data.

Results for TAWSS within the stented region and the dAo distal to the stent were quantified by unwrapping the surface geometry of the vessel at the inner curvature [18, 33]. TAWSS values were then plotted circumferentially for the proximal and distal regions of the stent as well as four

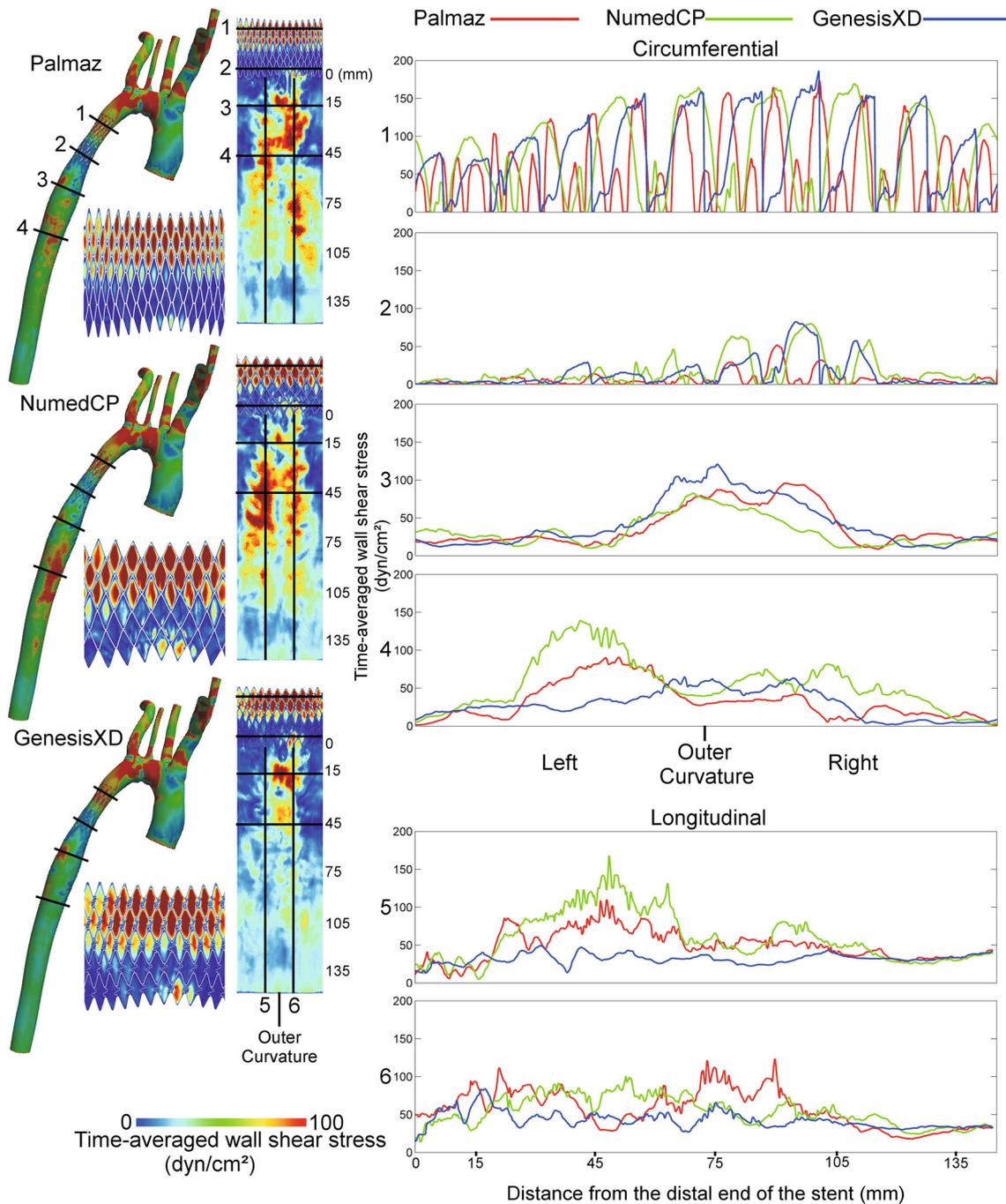


Fig. 4 Distributions of time-averaged wall shear stress for the Palmaz, NuMED CP, and Genesis XD stents. CFD results for the full model are shown next to spatial maps that have been unwrapped about the outer (*posterior*) surface for the stented region and the distal descending aorta. Circumferential and longitudinal plots are also

shown at several locations: proximal stented region (1), distal stented region (2), 15-mm distal to the stent (3), 45-mm distal to the stent (4), as well as the *left* (5) and *right* (6) portions of the *outer curvature*. Note that values occurring atop stent struts have been removed to improve the legibility of plots. *CFD* computational fluid dynamics

locations along the dAo. TAWSS values were also plotted longitudinally along regions of particular interest within the dAo. To further delineate local differences in TAWSS due to stent type, the area of the dAo exposed to a high TAWSS threshold of 50 dyne/cm² (at which platelet aggregation occurs *in vitro* [12]) was quantified.

Results

TAWSS values >100 dyn/cm² were observed within the proximal portion of the stented region and in the dAo 10–110 mm distal to the stent, with varying severity depending on stent type (Fig. 4). The Palmaz stent showed

two focal regions of elevated TAWSS in the dAo. The first initiated along the outer right luminal surface ~ 10 mm distal to the stent and extended to the center and then the outer left surface over ~ 40 mm. The second was located 75–100 mm distal to the stent along the outer right luminal surface. The NuMED CP stent also displayed two focal regions of elevated TAWSS along the outer left and right luminal surfaces ~ 30 –70 mm distal to the stent. In contrast, the Genesis XD stent displayed a single focal region of elevated TAWSS along the center of the outer luminal surface from ~ 10 –20 mm distal to the stent. The lowest TAWSS values (<25 dyn/cm²) appeared within the distal stented region and along the inner curvature of the proximal dAo 0–50 mm downstream regardless of the type of stent implanted.

Circumferential quantification revealed higher TAWSS along the outer portion of the stented region (Fig. 4, locations 1 and 2), while TAWSS along the inner curvature did not exceed 20 dyn/cm². Differences in TAWSS were more pronounced in the distal versus the proximal stented region. For example, TAWSS peaked at ~ 80 dyn/cm² in the distal region of the Genesis XD simulation as compared to values >80 dyn/cm² throughout the entire proximal stented region. The Palmaz stent had the lowest value of peak TAWSS in the distal region (51.7 dyn/cm²) as compared to NuMED CP (80.0 dyn/cm²) and Genesis XD (82.4 dyn/cm²). The region with elevated TAWSS ~ 15 mm distal to the stent (Fig. 4, location 3) was also quantified circumferentially. Spatial distributions of TAWSS were similar among stents, with highest values along the outer curvature (peak TAWSS of 95.7, 82.6, and 121 dyn/cm² for Palmaz, NuMED CP and Genesis XD, respectively) and low TAWSS values <25 dyn/cm². Peak TAWSS ~ 45 mm distal to the stent (Fig. 4, location 4) was located along the left outer luminal surface of the dAo for Palmaz and NuMED CP (90.5 and 139 dyn/cm² respectively), while the Genesis XD had a more uniform TAWSS distribution with a peak value of 64.8 dyn/cm² along the outer curvature.

Longitudinal quantification was additionally performed along regions of the dAo distal to the stent with elevated TAWSS. Distributions of TAWSS along the outer left luminal surface for NuMED CP and Palmaz stents (Fig. 4, location 5) were elevated between 20 mm and 110 mm, with peak values of 168 and 110 dyn/cm² as compared to 49.3 dyn/cm² for the Genesis XD. Differences in TAWSS along the right outer luminal surface (Fig. 4, location 6) were less pronounced between stents, with values for Genesis XD generally lower than others.

Figure 5 shows the area of TAWSS in the dAo exceeding the threshold for platelet aggregation *in vitro* [12]. The Genesis XD model had the least area of TAWSS above the threshold (Table 2), followed by the Palmaz and NuMED CP stents.

Discussion

The objective of this investigation was to create the first patient-specific CFD model of a patient treated for CoA by stenting, and compare distributions of WSS in the stent and dAo with those from virtual implantation of two other stents commonly used to treat CoA. This objective was motivated by stents playing an increasing role in the treatment of CoA. The results illustrate how CFD can provide useful insight and potentially scrutinize stent performance in a retrospective or prospective manner.

The main finding of this investigation is that alterations in local flow patterns and WSS imparted on the thoracic aorta in patients treated for CoA may uniquely depend on the type of stent implanted. While modest differences were seen in the distal portion of the stented region, marked differences were observed downstream along the posterior surface of the dAo. It is important to note that the methods applied with CFD models were carefully controlled to isolate the influence of stent design. The overall vessel geometry, including residual narrowing in the stented region, was consistent between simulations. Inlet and outlet boundary conditions were also consistent for all models, resulting in <0.3 % difference in the distribution of flow to the dAo between simulations for each stent type. An analysis of mesh independence (supporting information) confirmed differences were not due to aspects of the computational meshes used for each simulation.

The current results indicate adverse local flow alterations were least severe for the Genesis XD, for which regions of elevated TAWSS and variability at the specific locations quantified were smallest. In contrast, the Palmaz and NuMED CP stents both exhibited a greater percentage of high TAWSS along the posterior dAo. These differences are likely rooted in the design attributes of each stent. Attributes including strut thickness, proximity, angle relative to the primary flow direction, and ratio of stent-to-vessel area were predictive of adverse distributions of WSS in prior studies [3, 16, 24]. Since all stent struts disturb local flow patterns, thicker struts protrude further into the flow domain and increase the severity of these disturbances. Similarly, the relative ratio of stent-to-vessel area influences the total amount of the vessel wall exposed to potentially deleterious flow patterns. The angle of struts relative to the primary direction of fluid flow, together with the overall stent geometry, can also influence the severity of flow disturbances caused by a stent. Stents with their linkages primarily arranged longitudinally have the potential to cause less severe flow disruptions as compared to ring-and-link designs primarily arranged circumferentially. For example, when stents are expanded to larger diameters, as can occur with redilation for recurrent CoA, their overall linkage design becomes arranged in a less

Fig. 5 Locations of elevated time-averaged wall shear stress for the Palmaz, NuMED CP, and Genesis XD stents. The full CFD model results are shown next to spatial maps that have been unwrapped about the outer (*posterior*) surface for the descending aorta distal to the stent. Regions with time-averaged wall shear stress above 50 dyn/cm² have been made opaque. Values above this threshold have been previously correlated with platelet aggregation. *CFD* computational fluid dynamics

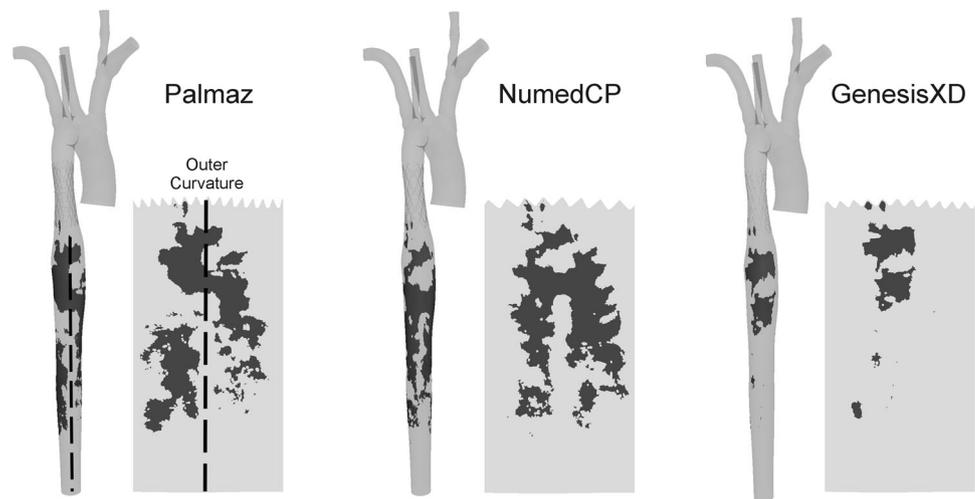


Table 2 The area (mm²) of the descending thoracic luminal surface exposed TAWSS above the threshold for platelet aggregation *in vitro*

	Palmaz	NuMED CP	Genesis XD
Area (mm ²) in descending aorta with TAWSS above the threshold (mm ²)	1,880	2,010	559

TAWSS time-averaged wall shear stress

longitudinal manner causing adjacent layers of fluid to be redirected more abruptly as they pass through the stented region. In contrast, larger intrastrut regions aligned in the primary direction of fluid flow limit separation and stagnation between struts. The Palmaz stent modeled in the current investigation with the greatest strut thickness and width, number of circumferential and longitudinal repeating units, and ratio of stent-to-vessel area showed two focal regions of elevated TAWSS in the downstream dAo. The NuMED CP stent with larger intrastrut area and only slightly thinner struts also displayed two focal regions of elevated TAWSS along the dAo. In contrast, the Genesis XD stent with the thinnest struts, large intrastrut regions, and ratio of stent-to-vessel area similar to the NuMED CP stent displayed a single focal region of elevated TAWSS downstream of the stent.

An analysis of Reynolds numbers may further explain the current results. The Reynolds number (*Re*) is a dimensionless parameter describing the ratio of convective inertial forces to viscous forces. In general, values <2,000 constitute laminar flow where adjacent layers of fluid move in layers without mixing, while those >2,000 may be characterized as transitional or turbulent depending on specific details of the local flow domain. Mean and peak *Re* in the dAo for the patient studied here were ~1,750 and 5,300, respectively. These *Re* suggest flow was generally laminar throughout the cardiac cycle, but there were undoubtedly portions during

which flow was transitional or turbulent. During these times modest differences in local vessel geometry caused by design attributes of a particular stent could cause perturbations resulting in irregular erratic intermingling of fluid particles downstream of the stent and manifest in the differences observed.

The current results may have important clinical implications as low TAWSS values are associated with the onset and progression of cardiovascular disease in many vascular beds [37], and TAWSS above a certain preferential value may be associated with endothelial injury, plaque rupture, or thrombogenesis [14, 15]. For example, a previous study of healthy young adults found areas of adverse WSS in a rotating pattern progressing down the dAo [8]. A second previous study of ten middle-aged adults with pre-existing plaques revealed similar WSS patterns that correlated with areas of atherosclerosis [35]. When joined with the current results, the collective findings suggest the type of stent used to treat CoA may uniquely influence the future location and severity of aortic plaque. This may be of particular importance for CoA patients since their stents are often implanted at a younger age than adults receiving stents for the treatment of acquired cardiovascular disease. In addition to vascular remodeling processes triggered by indices of WSS [9], local velocity jets and accompanying high TAWSS values imparted on the posterior wall due to a particular stent type may lead to tortuosity, as seen in a rabbit model of CoA [22], or disturb the cushioning function of the thoracic aorta by increasing stiffness [25]. However, these hypotheses remain to be tested in a follow-up study.

While there are many publications quantifying outcomes from stenting as compared to surgery or balloon angioplasty, most of these studies have grouped outcomes from several stents together, thereby resulting in a paucity of data comparing one stent type with another for metrics beyond stent fracture. To our knowledge, this is the first investigation to

incorporate realistic stent geometries into an entire thoracic aortic CFD model in order to quantify the impact of stent design on local hemodynamic alterations. While previous CFD studies involving stenting of the thoracic aorta provided invaluable information, they often included limitations such as omitting detailed geometric intricacies of a stent, used models restricted to the stented region, or did not include analysis of downstream hemodynamic alterations. The current investigation strongly suggests these downstream hemodynamic alterations unique to a given stent may be an important factor contributing to mechanical stimuli, and likely influencing vascular remodeling or plaque formation, after treatment for CoA.

The current results also extend the body of literature using CFD to study treatments for CoA by quantifying TAWSS alterations due to stent design. Previously, Coogan et al. used a patient-specific CFD model of the thoracic aorta to study compliance mismatch created by making a portion of the dAo rigid, which had only a modest impact on cardiac work and BP [1]. The current results can also be appreciated relative to those from CFD models of untreated (i.e. native) CoA patients and those corrected by end-to-end or end-to-side repair that used equivalent CFD methods [19]. The range of TAWSS in the dAo here are below the values observed with untreated patients in the prior study (1,777–6,000 dyn/cm²), but were still more severe than those observed with surgically corrected or normal patients in the prior study.

The current study should be interpreted relative to other sources of morbidity in CoA, such as hypertension, and with the constraints of several potential limitations. The strut cross-section of the virtually implanted NuMED CP was rectangular, rather than circular, due to restrictions with the virtual stenting process. The use of a NuMED CP stent with circular struts would likely decrease the severity of downstream hemodynamic alterations shown here. Future studies will strive to incorporate this realism. The prolapse of tissue into intrastrut regions was not considered here since the main focus was to quantify hemodynamic alterations downstream of the stented region and isolate the impact of different stent designs. Nevertheless, this factor should also be considered in future studies, perhaps using the approach Murphy and Boyle applied in CFD models of a stented coronary artery [24].

Results presented correspond to the acute period after stenting. Prior studies linking WSS distributions with future plaque locations suggest the distributions created by a given stent during the acute period are important as they establish the severity of mechanical stimuli for potential cellular proliferation. Nonetheless, these distributions of WSS will change over time so future studies are necessary to characterize chronic WSS distributions occurring in response to geometric changes from neointimal or somatic growth.

Detailed patterns of TAWSS shown here were influenced by stent type, and are also largely dictated by vessel morphology and flow distributions to the head and neck arteries. For example, the presence of elevated TAWSS in the proximal stented region was a function of patient arch morphology and may not have been present in a patient with a gothic or crenel arch [26]. The current results would likely be altered by different arch morphologies, surgical corrections, or other stent types. By applying knowledge gained from prior studies it may be possible to use the current techniques to predict outcomes for a variety of interventions. Future work should be conducted with patients undergoing treatment of CoA using different stents before CFD results are used to recommend a specific stent for a given patient. The current investigation demonstrates that the type of stent implanted can influence TAWSS distributions, which may be further accentuated or mitigated depending on a given patient's aortic morphology.

Conclusion

The current study is the first to quantify downstream hemodynamic alterations due to stenting in CoA patients using patient-specific CFD models with virtually implanted stents. The current results showed marked differences in TAWSS patterns in the downstream dAo depending on the stent implanted. Following confirmation with future studies containing more patients, these findings may aid pediatric interventional cardiologists in determining which models to stock within the cath lab, selecting the most appropriate stent for each patient, elucidating favorable attributes for next-generation designs that optimize downstream flow disturbances, and reducing long-term morbidity following treatment for CoA by stenting.

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